

NIKKI LEE RN, BSN, MS, Mother of 2, IBCLC, CCE, CIMI, CST (cert.appl.), ANLC, CKC. RYT

OBJECTIVES:

- To provide expert consultation about implementing provisions of the Affordable Care Act related to breastfeeding to any agency.
- To provide breastfeeding education, promotion and support to babies, pregnant women, families, healthcare workers, early childhood education providers, and health systems.
- To provide lactation consultation to mothers and babies in their homes or my office.
- To provide childbirth education to pregnant women and their families.
- To provide craniosacral therapy for people of any age.
- To provide AYT positional therapy and kosha balancing for adults.
- To provide infant massage and TummyTime!™ instruction to parents and caregivers.
- To offer safe Hatha and Positional Therapy yoga classes to all levels of practice.

EDUCATION and TRAINING:

- 1972 B.S.N. Hunter College Bellevue-School of Nursing. Magna cum laude, departmental honors
- 1972 Registered Professional Nurse (NY, MD, MA, WV, LA, PA)
- 1975 M.S. University of Maryland, Baltimore, Maryland.
- 1996 International Board Certified Lactation Consultant (recertified 2001, 2006, 2011, 2016)
- 1997 Certified Dancing through Pregnancy Fitness Instructor
- 1997 Cranio-sacral Therapy Training: CST I, CST II, SER I, SER II
- 1998 Cranio-sacral Therapy Certification Applicant and Teaching Assistant
- 2000 Certified Infant Massage Instructor
- 2001 ALACE certified childbirth educator
- 2004 BLS certification
- 2010 Advanced Nurse Lactation Consultant certification
- 2011 Certified Kangaroo Caregiver, Cleveland Ohio June 3-5, 2011
- 2012 Certified Specialty Discipline Instructor, Pennsylvania Keys to Quality
- 2015 TummyTime™ training
- 2018 200-Hour Registered Yoga Teacher certificate
- 2018 300-Hour Registered Yoga Teacher certificate

CURRENT WORK EXPERIENCE

- 2018 to present: Teaching private and studio yoga classes. Offering AYT positional therapy and kosha balancing
- 2016 to present: Reviews editor, for the USLCA journal, *Clinical Lactation*
- 2015 to present: Volunteer with CHAMPS (Communities and Hospitals Advancing Maternity Practices. a W.K. Kellogg Foundation funded organization)
- Taught the 20-Hour Interdisciplinary Breastfeeding Management Course for the US:
 - October 2015 West Jefferson Medical Center, Marrero, LA
 - July 2016 Merit Health Wesley, Hattiesburg, MS
 - March 2018 Gulfport, MS
 - May 2019 Greenwood, MS

- July 2006 to present: Lactation Consultant, Philadelphia Department of Public Health
 - Responsibilities include creating and teaching the 20-Hour Interdisciplinary Breastfeeding Management Course for the US (based on the WHO/BabyFriendly USA outline); teaching the 9-week Breastfeeding Basics peer counselor training course; giving classes and presentations to WIC, nursing and medical schools, hospitals, and health centers; updating the Philadelphia Breastfeeding Resource Guide annually; creating educational materials; assisting with the Business Case for Breastfeeding at the Health Department; serving as a resource to the community at large and for all departments in the City of Philadelphia; participating in the Pennsylvania Breastfeeding Coalition and the Pennsylvania Resource Organization of Lactation Consultants (currently secretary); working with Maternity Care Coalition and Get Healthy Philly to implement the Business Case for Breastfeeding; developing a training for staff in homeless shelters; offering a 2-credit PQAS-certified training "Becoming a Breastfeeding Friendly Child Care Program"; managing all paperwork, reports and statistics. Teacher and trainer for the PA chapter of the AAP; EPIC/BEST and Keystone-10 programs.
- 2010 to present: Editor, Blog: Morning Thoughts at www.nikkileehealth.com.
- January 2000 to present: Developmental Playtime instructor in private practice and at Kith and Kin Community Center
- Fall 1997 to present: Craniosacral therapist in private practice
- February 1989 to present: Lactation Consultant and Childbirth Educator in private practice
- September 2018: BRC Helpline community volunteer Providing telephone support for breastfeeding people.
- March 2019 to present: Teaching Developmental Playtime at Kith & Kin, Brewerytown, PA.

WORK HISTORY 1991 -2012:

- 1988 to September 2018: Medical Liaison, Nursing Mothers' Advisory Council. This volunteer organization dissolved and was merged into the Breastfeeding Resource Center. Provided breastfeeding support for anyone calling in on the WarmLine.
- September 2012 to September 2014: Adjunct Faculty, Distance Learning Maternal-Child Health Program, Union Institute and University, Cincinnati, Ohio
- Fall 1997 to 2008: Faculty of Healthy Children Project, Inc., Sandwich, MA
- September 1991 to 2006: Faculty, Nursing Mothers' Advisory Council Training Course
- 1999 to 2006: Craniosacral therapy teaching assistant, Upledger Institute
- July 2005 to October 2008: Lactation Consultant, Chestnut Hill Hospital, Philadelphia, PA (position ended when the hospital closed its maternity unit)
- November 2004- July 2006: lactation consultant/mother-baby nurse, Storkwatch, a division of Ridgeway Philips, Bensalem, PA (resigned to take job at Philadelphia Department of Public Health.)
- April 2002 to December 2006: Adjunct faculty, Union Institute and University, Maternal and Child Health: Lactation Consulting, Cincinnati, Ohio (distance learning division). On leave, due to job at PDPH. Resumed this position in September 2012. Position eliminated in 2014 as program re-organized.
- Spring 2003 to July 2006: Lactation Consultant, Holy Redeemer Hospital, Huntingdon Valley, PA (resigned due to a new position at Health Department.)

- December 2005: Director, Childbirth Education and Lactation Program, Valley BirthPlace, Huntingdon Valley, PA (Resigned because of new job with the Philadelphia Department of Public Health)
- November 2003 to November 2004: lactation consultant/well-baby nurse, Healthy Homecomings, Inc, Bensalem, PA (company closed)
- January to April 2002: zamboni driver, Old York Road Skating Club, Elkins Park, PA
- 1994-2010 Reviews Editor for the journal *Journal of Human Lactation* (column was eliminated)
- September 1993 to June 2003: Childbirth Educator, Valley Birth Place, Huntingdon Valley, PA
- May 1994- Fall 2006 Film Reviews Editor for the Journal of Human Lactation (resigned when starting job with the Philadelphia Health Department)
- September 2000-May 2002: Health and Body Science teacher, (all grades) Upattinas School, Glenmoore, PA (My daughter stopped attending this school so I stopped teaching there in Fall 2002.)
- Fall 1996 to 2000: Abstractor for *Breastfeeding Abstracts*, published by La Leche League
- May 1996 to January 2002: Childbirth Educator, the Birthing Suite at Pennsylvania Hospital. (Program closed.)
- September 1994 to January 2002: Childbirth Educator at Albert Einstein Medical Center
- April 1996 to August 1999: Childbirth Educator, Methodist-Jefferson Health System, teaching at Health Center 2, Philadelphia, PA
- January 1997 to December 1998: Editor and producer, *Focus on Breastfeeding*, a quarterly newsletter (not enough subscribers to continue).
- Spring 1997. Consultant project with Keystone Health Plan East, a Medicaid HMO. Did research for and published Benefits of Breastfeeding and Their Economic Benefit.
- February 1989 – June 13, 1999: Lactation Consultant and Childbirth Educator, Department of Family and Parenting Services, MedPartners Corporation. Developed new class outlines and taught every type of parent education class offered. Taught at City Avenue and Parkview Hospitals, and two clinic waiting rooms. Initially employed by Osteopathic Hospital, then by the College of Osteopathic Medicine, then by Osteopathic Hospital, then by Vanguard Corporation, then by Graduate Health Systems, then by MedPartners. The sites were restructured when Allegheny took over. At present, the system is owned by Tenet, who bought it when Allegheny went bankrupt.
- April 1996 – March 1997: Childbirth education program Coordinator. Developed schedule of classes, organized and led staff meetings, and performed administrative functions. Position lost after corporate takeover.
- October 1991 – June 13, 1997: Lactation consultant for *A Better Start*, a grant funded program providing maternity services to low-income women in West Philadelphia. Position and program dissolved when funding ended.
- September 1992 – April 1994: Researcher for the Center for Breastfeeding Information of La Leche League International. Position lost due to budget revision.
- March – June 1992: Lactation consultant for the Philadelphia Department of Public Health for a three-month project. Co-creator of the Philadelphia Breastfeeding Resource Guide, organized a

Breastfeeding Promotion Taskforce, developed a plan of breastfeeding promotion, and wrote the Philadelphia Breastfeeding Policy.

- March 1991 – December 1995: Prenatal Consultant for the Greater Philadelphia Health Action, Inc. Revised curriculum, developed new handouts, and taught at three clinics. Position lost due to corporate restructuring.

COMMITTEE MEMBERSHIPS:

- Co-facilitator, Philadelphia Baby-Friendly Multi-Hospital Taskforce, 2012 to present
- Spring 2002: reviewer World Breastfeeding Week action folder for World Alliance of Breastfeeding Action
- 2006-present: Pennsylvania Breastfeeding Coalition
- 1992-present: Maternity Care Coalition Breastfeeding Committee
- March 1994 – March 1996: Infant and Toddler Feeding Booklet Advisory Committee of the Philadelphia Department of Public Health
- 1993: Maternal and Infant Committee of the Latino Health Issues Forum
- Fall 1991: Breastfeeding Conference Committee of the Philadelphia Department of Public Health
- 1988 to present: member of the Professional Advisory Board of the Nursing Mothers' Advisory Council
- Pennsylvania Resource Organization of Lactation Consultants: 1994 to present. Member, served as various Board official over the years, most recently (2016) as Secretary

OTHER INFORMATION:

Licensed registered nurse in New York, Maryland, Massachusetts, Pennsylvania, West Virginia, Louisiana, and Tennessee.

PUBLICATIONS:

- *BIRTH* 15:3 Sept 1988, p. 183 (letter)
- *MCN* 13:5 Sept-Oct 1988 (letter)
- *J Hum Lact* 5:3 1989 p. 324 (letter)
- *Pennypress*: 2nd edition "An Employed Mother Can Breastfeed When...." August 1991 (pamphlet)
- *J Hum Lact* 7:4 1991 pp. 171, 204, and 208 (letter, book review, videotape review)
- *Compleat Mother* Fall 1991 "Mastitis and a Late Baby" (article)
- *MCN* 17:2 March/April 1992 p. 108-109 (letter)
- *J Hum Lact* 8:2 1992 pp. 63, 102 (letter, videotape review)
- *J Hum Lact* 8:3 1992 pp. 127-128 (letter, book review)
- *Midwifery Today* Autumn 1992 p. 8 (letter)
- *J Hum Lact* 8:4 1992 p. 195 (letter)
- *Philadelphia Department of Public Health* Breastfeeding Promotion Policy
- *Philadelphia Breastfeeding Resource Handbook* 1992
- *WIPHN News* Winter 1992 p. 3 "Thoughts on Contraception" (essay)
- *J Hum Lact* 9:1 1993 pp. 11, 68 (letter, news article)
- *J Hum Lact* 9:2 1993 pp. 77, 79 (letters)
- *MOTHERING* No. 68 Fall 1993 p. 12 (letter)
- *New Beginnings* 11:2 1994 p. 58-59 (column contribution)
- *WIPHN NEWS* Spring 1994 pp. 6 ("Bulletin") 9, "Breastfeeding and Work"
- *Bookmarks* 15:2 1994 p. 7 (book review)
- *J Hum Lact* 10:1 1994 p. 4 (letter)
- *International J Childbirth Ed* 9: 2 1994 (letter)
- *J Hum Lact* 10:2 1994 pp. 135-136 (book review)
- *MOTHERING* Winter 1994 p. 10 (letter)
- *J Hum Lact* 10:4 1994 pp. 283-284 (video review)
- *Childbirth Instructor* Winter 1994 p. 4 (letter)
- *J Hum Lact* 11:1 1995 p. 10 (letter)
- *J Hum Lact* 11:2 1995 p. 89 (letter)

- *ILCA GLOBE* 3:3 p. 5 (letter)
- *J Hum Lact* 11:4 1995 p. 343 (review)
- *J Hum Lact* 12:1 1996 p. 74 (review)
- *Compleat Mother* Summer 1996 pp. 37-39 "A ghost in the nursing relationship" (article)
- *Int J Childbirth Ed* 1996 p. 5 (letter)
- *Hesperian Foundation* 1996 reviewer of the chapters on pregnancy and lactation for the Women's Health Book
- *Conference Proceedings* The 1995 International Conference on the Theory and Practice of Human Lactation, Breastfeeding Management, and Research pp. 85-97
- *WIPHN NEWSLETTER* Summer 1996 pp.14-15 (article)
- *J Hum Lact* 12:3 1996 pp. 188, 255 (letter, review)
- *Helping Yourself Through Labor* (educational pamphlet) 1997
- *JHL* 13:1 1997 pp.81-82 (review)
- *The Benefits of Breastfeeding and Their Economic Impact* 1997 (monograph) Consultant Project for Keystone Health Plan East, a Medicaid HMO. Currently updated and published as a learning module by Healthy Children.
- *JHL* 13:2 1997 pp. 145-147 "Observations Based Upon Multiple Telephone Contacts with New Breastfeeding Mothers" (article)
- *Int J Childbirth Ed* 13:1 1998 (letter)
- *Midwifery Today* Summer 1998 p. 4 (letter)
- *JHL* 14: 3 1998 p. 270 (review)
- *JHL* 14:4 1998 pp.287-288 (letter), pp. 319-320 (column contribution on Teaching Tools)
- *Childbirth Instructor* March-April 1999 p. 48 "Teaching Without Fear"
- *JHL* 15:2 1999 pp. 142-143 (column contribution on Telephone Counseling)
- *Midwifery Today* #50 Summer 1999 pp. 40-43 "The Missing Squatting Bar: Childbirth Education in the 90's"
- *Midwifery Today* #51 Autumn 1999 pp. 43-44 "Breastfeeding Discrimination and Censorship"
- *BMJ* 2000 Jan 8; 320(7227): 119. "Hyperbilirubinemia as a marker for inadequate breastfeeding" (letter)
- *JHL* 16:2 2000 pp. 165, 175 (reviews)
- *Sexuality and Lactation* [co-author Susan Kellogg-Spadt CRNP, IBCLC, PhD] 2000 (monograph)
- *Mothering Magazine* "letter to editor" September 2000
- *BMJ* 2000 321 (7253): 108 "Concerns about immunisation - Breastfeeding should be promoted" (letter)
- *BMJ* 2000; 320: 86-90 Midline episiotomy and anal incontinence: retrospective cohort study (letter)
- *JHL* 16(4) 2000 p.295 (letter), p. 363 (book review), p.371 (video review)
- *Mothering Magazine* 2000 Nov-Dec, p.13 (letter)
- *JHL* 17(3) 2001 p. 210 (letter)
- *JHL* 17(4) 2001 p.358 (film review)
- *The Diaper Diary* 2001 with Kay Hoover and Barbara Wilson-Clay (patient education materials)
- *Breastfeeding Review* 2001 9(3) p. 20 (letter)
- *JHL* 18(1) 2002 p. 76 (book review), p.80 (CD-ROM review)
- *Breastfeeding Review* 2002; 10(1): 11-13 (article: Breastfeeding Difficulty and Pacifier Use)
- *New Beginnings* 2002; 19(3): 107 (response to situation)
- *New York Times Magazine* October 27, 2002 (letter) p. 26
- *JHL* 19(2) 2003 p.212-213 (film review)
- *JHL* 19(3) 2003 p. 269 (letter)
- *BMJ* 2003; 327:584(letter)
- *Midwifery Today* Autumn 2003 p. 5 (letter)
- *Midwifery Today* Autumn 2004 p. 8 (commentary)
- *Birth* 2004; 31(2): 159
- *Pediatrics* 2004; 113: e405-e411 "Mothers' and Clinicians' Perspectives on Breastfeeding Counseling During Routine Preventive Visits" (letter)
- <<http://breastfeed.com/resources/articles/toughstuff.htm>> Quoted in article about pumping and a return to paid employment (2004)
- *JHL* 2005; 21(2): 120 (letter)
- *MIDIRS Midwifery Digest* 2005; 15(2): 229-233 "Breastfeeding Recovery: More Tools for the Helpers"

- *JHL* 2005; 21(3): 375 (film review)
- *Arch.Dis. Child* 2005; March 16 (letter)
- *Pediatrics* (letter) <<http://pediatrics.aappublications.org/cgi/content/full/116/2/385>>
- *JHL* 2006;22(1): 121 (book review), 124 (DVD review)
- *MIDIRS Midwifery Digest* 2006;16(3):389-391 "A breastfeeding story."
- *AJN* 2006; 106(7): p. 15 (letter)
- *AJN* 2007; 107(4): p. 15 (letter)
- *MIDIRS Midwifery Digest* 2007; 17(3): 400-401 "Melissa and Kevin: a breastfeeding story."
- *Nursing Spectrum* January 14, 2008 (letter) pp. 4-5 "Human milk is the most underutilized resource in the US"
- *Pediatrics* 2008; 121:361-368 (letter)(February 19, 2008)
- *USLCA eNews* August 2008 < <http://www.uslcaonline.org/enews/0808perspt.html>>
- *Birthworks International Newsletter* 2008; 9(4): 4-12 "How the CDC helps mothers, babies and childbirth educators"
- *J Hum Lact* 2009; 25(1): 10 (letter) "Questioning the use of herbs."
- The Greater Philadelphia Chamber of Commerce July 2009 "The Business Case for Breastfeeding Supports Business Health" <<http://www.greaterphilachamber.com/newsletter/releases/corp-lactation.pdf>>
- *J Hum Lact* 2009; 25(3): 271 (Letter) "Latch Assist"
- *J Hum Lact* January 2010 (Book review) The Impact of Birth Practices on Breastfeeding <http://www.ilca.org/files/members_only/education_materials/Online%20Reviews/2010_Reviews/2010_01/2%20ILCA%20NikkiLee%20Impact.pdf>
- *J Hum Lact* February 2010 (DVD review) <http://www.ilca.org/files/members_only/education_materials/Online%20Reviews/2010_Reviews/2010_02/3_ILCA_NikkiLee_MarkItLearning.pdf>
- *Advance for Nurses* website: July 2010 article "The Business Case for Breastfeeding" <<http://nursing.advanceweb.com/Default.aspx>>
- *J Hum Lact* August 2010 (DVD review) http://www.ilca.org/files/members_only/education_materials/Online%20Reviews/2010_Reviews/2010_08/4%20ILCA%20NikkiLee%20Kangaroo4hrs.pdf
- *Pediatrics* 2010 <http://pediatrics.aappublications.org/cgi/eletters/peds.2010-0976v1> (letter)
- Complementary and Alternative Medicine in Breastfeeding Therapy. Hale Publishing Summer 2011
- *NY Times Blog* January 3, 2012: Response to article. <http://6thfloor.blogs.nytimes.com/2012/01/03/behind-the-cover-story-tara-parker-pope-on-obesity/?comments#permid=8>
- *Pediatrics* 2012 Bottle-Feeding and the Risk of Pyloric Stenosis (Letter) <http://pediatrics.aappublications.org/content/early/2012/08/28/peds.2011-2785.short#responses>
- *Clinical Lactation* 2012; 3(3): 92-93 Letter to the Editor about Nipple Shields
- *J Hum Lact* January 2013; website review.
- *Pediatrics* 2013 http://pediatrics.aappublications.org/content/early/2013/05/08/peds.2012-2809.short/reply#pediatrics_el_55786 (letter)
- *Clinical Lactation* 2012; 4(4):155-158 "Thoughts on the Monetary Value of Human Milk" (article)
- Model Child Care Health Policies 2014 American Academy of Pediatrics. Reviewer and Contributor. (Book)
- *Clinical Lactation* 2015;6(4):153-155 "Updated Thoughts on the Monetary Value of Human Milk (article)
- *Clinical Lactation* 2016; 7(2): p. 48 (Letter to Editor); p. 77 (Book Review)
- A Breastfeeding Owner's Manual Praeclarus Press 2019
- *Front. Public Health*, 2020: | <https://doi.org/10.3389/fpubh.2020.00123> Childhood Obesity and Breastfeeding Rates in Pennsylvania Counties—Spatial Analysis of the Lactation Support Landscape
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PRESENTATIONS:

In-service Education Programs about Breastfeeding

June 1991	Temple University Hospital Maternity Staff
January 1992	Albert Einstein Medical Center Maternity Staff
January and February 1992	Osteopathic Medical Center Maternity Staff
October 1992	Abington Pediatrics, Inc.
February 16, 1995	Thomas Jefferson University Hospital
	Department of Parent Education
June 13, 1997	Baltimore County WIC Program, Towson, Maryland

La Leche League

May 1, 1997	LLL of Florida: Health Professionals Seminar: "Words that Work"
October 20, 2000	LLL of Eastern PA: "Words that Work"
October 21, 2000	LLL of Eastern PA: "Sexuality and Lactation"

Professional Resource Organization of Lactation Consultants (my local ILCA affiliate)

Fall 1992	Case Study
November 7, 1994	Breastfeeding and Low-Income Women
September 23, 1997	Stooling of the Exclusively Breastfed Infant during the First Week of Life and Weight Gain
May 28, 1998	Benefits of Breastfeeding and Their Economic Impact
November 5, 1998	Latch-On: a Historical and Geographic Perspective
November 2, 1999	Sexuality and Lactation (with Susan Kellogg-Spadt)
April 30, 2003	Connecting the Dots: Birth and Breastfeeding
April 21, 2004	As a member of the PRO-LC speaker's bureau: 1-hour class for GlaxoSmithKlein, Bluebell, PA
November 17, 2004	1-hour class at GlaxoSmithKlein, Bluebell, PA
January 27, 2009	Formula, Diabetes and Obesity, Abington, PA
January 30, 2012	Complementary and Alternative Medicine in Breastfeeding Therapy, Abington, PA
January 27, 2014	Increasing Exclusive Breastfeeding: Baby Behaviors, Willow Grove, PA

The International Conference on the theory and Practice of Human Lactation, Breastfeeding Management and Support sponsored by the Healthy Children Project. Gave the following presentations:

January 20, 1995	One Lactation Consultant's Experience Serving Low-Income (Primarily African-American) Women in a Large US City
January 1997	A Successful Breastfeeding Support Model
January 1998	1) Breastfeeding and Corporate Economy: Different Paths to the Same Goal 2) Stooling Frequency of the Exclusively Breastfed Baby in the First Week of Life and Weight Gain: Is There a correlation?
January 1999	1) An International and Geographic Tour of Latch-On 2) Craniosacral Therapy and Lactation
January 2000	Sexuality and Lactation
January 2001	Birth as the Foundation of Breastfeeding (Co-presented with Suzanne Arms)
January 2002	Finding Peace in the Trenches: Nurturing the Nurturer

January 2003	Infant Massage Supports Breastfeeding
January 2004	Connecting the Dots: Birth and Breastfeeding
January 2005	Breastfeeding for Doulas (all-day workshop)
January 2006	Babies Tell Their Stories
January 2007	CranioSacral Therapy and Breastfeeding
January 2008	Empowering Mothers in Breastfeeding Initiation
January 2009	The Spirit of the Word: Dealing with Resistance
January 2010	Infant Massage Supports Breastfeeding in the NICU
January 2011	Lactation Consultation: A Model Program for Health Departments
January 2012	Cultural Humility in Breastfeeding Work
January 2013	Complementary and Alternative Medicine in Breastfeeding Therapy
January 2014	Making the Invisible Visible: Monetary Value of Human Milk
January 2015	Words that Work
January 2016	Baby Behaviors: the FitWIC program
January 2017	Working with Resistant Staff
January 2018	Supporting Breastfeeding in Early Childhood Education programs
January 2019	Challenges to Practice Change
January 2020	Policy and Practice Change: Breastfeeding in Shelter.
	Baby Behaviors
	Building a 10 Steps to a Breastfeeding Friendly Shelter Policy

The Lactation Consultant in Private Practice Conference

April 1-2, 1995	Creating Client Centered Breastfeeding Classes
March 23-24, 1996	Normal Course of Lactation During the First Two Weeks and Its Application to Private Practice
March 18, 2000	Friendly Charting for the Lactation Consultant

Midwives Alliance of North America, North Atlantic Regional Conference

June 12, 1999	International Tour of Latch-On
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Breastfeeding in the New Millennium: The Role of Complementary and Alternative Medicine

May 12, 2000	Cranio-Sacral Therapy as Breastfeeding Support San Diego, California
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Breastfeeding Resources, Inc. Conference: Aspiring to Excellence

May 19, 2000	Craniosacral Therapy and Lactation Consultation Fort Washington, Pennsylvania
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Maine Lactation Consultant Association: Members meeting

May 21, 2001	Craniosacral Therapy and Breastfeeding Management Lewiston, Maine
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Temple University Hospital Division of Nursing Education: Dimensions in Perinatal Nursing

April 18, 2002	Infant Massage Philadelphia, Pennsylvania
October 17, 2002	Infant Massage Philadelphia, Pennsylvania

International Lactation Consultant Association

July 27, 2002	Friendly Charting Boca Raton, Florida
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July 25, 2015	Craniosacral Therapy in Lactation Consulting Washington, DC
<i>Nursing Mothers' Advisory Council</i> April 15, 2003	Finding Peace in the Trenches Willow Grove, PA
October 17, 2013	Relactation/Adoptive Nursing Willow Grove, PA
<i>Edwardsville Breastfeeding Task Force</i> April 1-2, 2004 Belleville, Illinois	Latch-On Friendly Charting The First Week Hands-on Caring
<i>Florida Lactation Consultant Assoc.</i> April 16-17, 2004 Kissimmee, Florida	Finding Peace in the Trenches Connecting the Dots Sexuality and Breastfeeding
<i>Alaska Breastfeeding Coalition</i> April 26-27, 2004 Anchorage, Alaska	Stooling and Weight Gain Connecting the Dots
<i>Southern Tier Breastfeeding Coalition</i> May 7, 2004 Owego, NY	Craniosacral Therapy and the LC Sexuality and Breastfeeding
<i>Hamilton, Ontario Regional Lactation Committee</i> May 8 & 9, 2008 Niagara Falls, Ontario, Canada	1) Bridging Two Disciplines: Craniosacral therapy and Lactation Consulting 2) Finding Peace in the Trenches Words that Work Updated
<i>Dakota County Public Health Department</i> 2008	Lack of breastfeeding and its impact on Diabetes and Obesity Words that Work Dealing with Resistance A trick to fix breastfeeding (s2s)
<i>GOLD 09</i> International Internet Conference May 8-10, 2009 Conference sponsored by Health-E Learning Queensland, Australia	Craniosacral Therapy
<i>GOLD 18</i> International Internet Conference April 3 - June 4, 2018	Words that Work
<i>American Association of Public Health Annual Conference</i> November 11, 2009 Philadelphia, PA	Poster presentation: A Model Program For Health Departments
<i>American Association of Diabetes Educators Annual Meeting</i> August 4, 2010 San Antonio, Texas	Poster Presentation: Association between Infant Formula, Diabetes and Obesity
<i>Ligue La Leche</i> November 10, 2011 Montreal, Ontario, Canada	4 presentations (3 in English, 1 in French)

<i>Breastfeeding Coalition San Joaquin County</i> May 2012 Stockton, California	4 presentations
<i>Long Island Lactation Consultant Association</i> September 2012 Amityville, NY	Complementary and Alternative Medicine in Breastfeeding Therapy
<i>The Best Connection</i> November 15-16, 2012	Portland, Maine Connecting the Dots: Birth and Breastfeeding Friendly Charting CAM in Breastfeeding Medicine Words that Work
<i>Maryland Coalition of Lactation Consultants</i> March 4, 2014	Baltimore, MD CAM in Breastfeeding Medicine Baby Behaviors Words that Work
<i>South Central PA Lactation Consultant Association</i> March 8, 2014	Harrisburg, PA Increasing Exclusive Breastfeeding: Baby Behaviors
<i>LLL of the Garden State</i> April 12, 2014	Jamesburg, NJ CAM in Breastfeeding Medicine
<i>Inherent Birth (On-line conference)</i> November 12, 2016	Baby Behaviors
<i>American Academy of Pediatrics Pennsylvania Chapter</i> February 22, 2018	Words that Work (webinar)
<i>2nd Appalachian Breastfeeding Annual Breastfeeding Conference</i> October 12, 2018	A Kinder, Gentler Word: Abuse and Breastfeeding

PERSONAL INFORMATION

Address: 230 Church Road, Elkins Park, PA 19027
Telephone: 215 888 0013
Email: nleeguitar@gmail.com
Social media: @nikkileehealth www.facebook.com/nikkileehealth/?ref=hl
Other Interests: yoga, back-up rhythm guitar (old-time, Cajun and Irish)

Guitar player on County recordings "Hell and Scissors" (1999), "Glory on the Big String" (2001), "Ladies Fancy" (2006) and "Lady in Green" (2012)

Unreleased recording (16 tunes) with Cajun fiddler Mitch Reed, a now-famous bootleg